



Relationships and Sex Education (RSE)

At The Stonebridge School, we believe that Relationships and Sex Education (RSE) is key to a child's development, especially when learning about relationships, their emotions, looking after themselves, different family types, sex, sexuality and sexual health. We aim for the children in our school to acquire the appropriate knowledge, develop their skills and form positive beliefs, values and attitudes.

RSE is taught within the Personal, Social, Health and Economic (PSHE) Education curriculum. Biological aspects of RSE are taught within the Science curriculum, and other aspects are included in Religious Education (RE), Humanities and other areas such as Intervention groups, Mentoring sessions, Gender-specific groups and Targeted workshops (internal and external). All children (unless withdrawn by parents) also receive sex education sessions in Year 5 & 6 delivered by a member of the school team or a trained health professional (e.g. School nurse).

In KS1 and KS2 Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

The Government have produced a publication 'What do children and young people learn in relationship, sex and health education'. Please click on the link for further information.

<https://educationhub.blog.gov.uk/2023/03/10/what-do-children-and-young-people-learn-in-relationship-sex-and-health-education/>